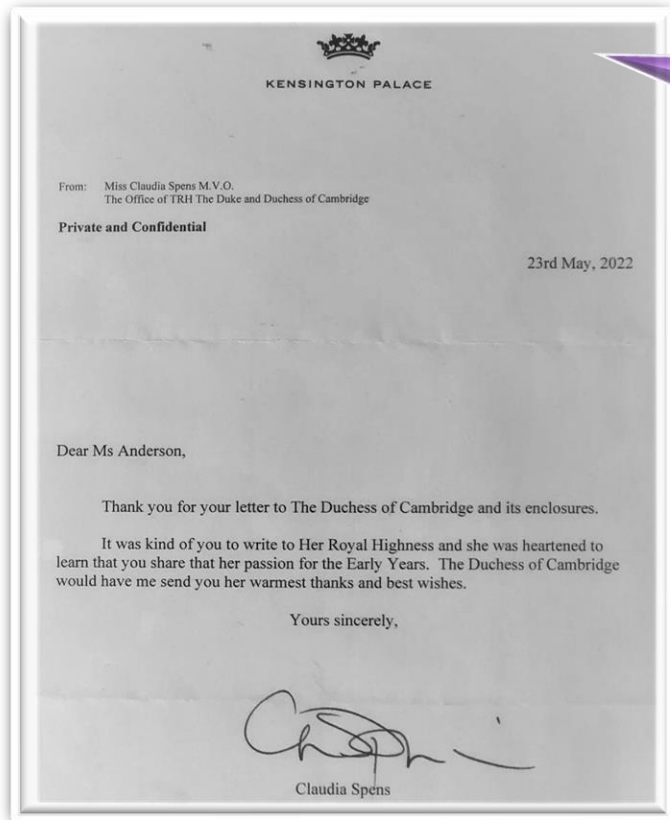




"Be United Together Teach Everyone Rights"



A Thank you Letter from Kensington Palace!!!!

Over 160 primary schools and nurseries in Scotland have ordered a Wellbeing Pack!



CAL and BUTTER are now helping 100s of children aged 3 to 7 to learn about wellbeing and children's rights through fun games and activities.

BUTTER and CAL's proudest moments:



Remember the fantastic knitting challenge during lockdown to knit 50 CALs for the whole of Bracoden Primary School? Well, their #KnitWellbeing volunteers are at it again, knitting BUTTER!

"Thank you for sending the cards/knitting patterns. There are (currently) six of them (BUTTERS) in school.
We will set the knitting pattern of Butters as another challenge to the local community to see if we can get one made per child. The pupils loved their Cals and it helped spread the SHANARRI message to everyone."
Lorraine Butler, Bracoden Primary School



"I received my lovely parcel today. I love the CAL and BUTTER and I know the kids will too. Now looking forward to sharing them both assembly and exploring our rights and wellbeing." Lesley, Carluke Primary

#KnitWellbeing WINNER
2022 is.....Dorothy!!!!

April 2022: "Thought you'd like to know; I've given myself a challenge - I've got 6 Cal heads done so need 48 tentacles 🐙 - 😊 Got 14 done - only another 34 to go!!!!"
Another 8 arrived in November!



J-LO's Early Years
 13 March · 🌐

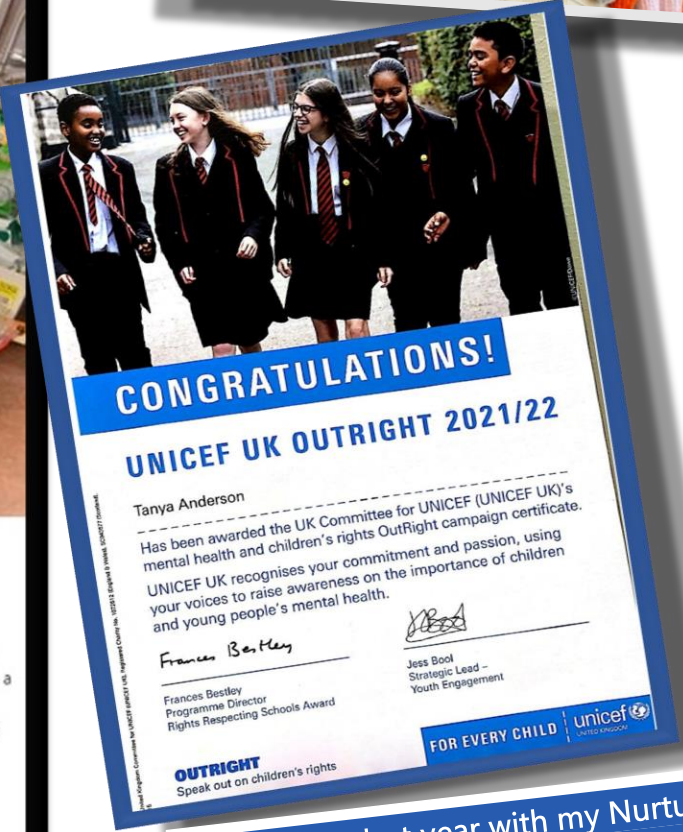
Our Sunday shoutout this week is to
C & A West, Home and Garden Centre. Bikes, Key Cutting and Picture Framing.

Where we visited this week with CAL, the Wellbeing Octopus 🐙, Sarah kindly took time to explain the badge "SAFE" to us found on our 🐙 tentacle, where we learnt to stay away from a hot gas fire.

The children identified the helmets for sale, that keep us safe whilst cycling, also when Using garden tools we need to be careful with the sharp edges. ⚠️

We colour matched CAL our octopus to flower seeds 🌸 🌻, we bought some for our planting journey 🌱 🌿 🍷

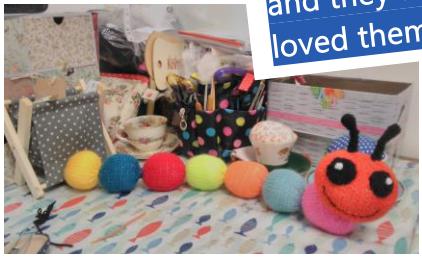
Thank you Wests Garden centre 🌱



"Used them last year with my Nurture Class and they were very successful, and the kids loved them!" Mill O Forest Primary

Thanks for continuing to Tweet:

"I am writing to ask if I could have the free knitting pattern for the beautiful Caterpillar please. I live in New Zealand and came across your website via the Let's Knit magazine I subscribe to."



Amazing!!! We love our CAL 🐙 and BUTTER 🐛 xxx